



SOUTHWESTERN RANDOLPH HIGH SCHOOL

Cougar Cross-Country

2011 Schedule/Revised 8-11-11

<u>DATE</u>	<u>OPPONENT</u>	<u>SITE</u>	<u>TIME</u>
Aug. 23	Providence Grove	Home	w4:30 r5:00
Aug. 30	Trinity	Away	w4:30 r5:00
Sept. 6	Randleman	Away	w4:30 r5:00
Sept. 13	*SWR & North Forsyth @ Northeast Guilford		w4:45 r5:30
Sept. 20	*SWR & Asheboro @ Southern Guilford		w4:45 r5:30
Sept. 27	*SWR & Asheboro @ North Forsyth		w4:45 r5:30
Oct. 4	*SWR & Northeast Guilford @ Asheboro		w4:45 r5:30
Oct. 11	*Ledford & North Forsyth @ SWR		w4:45 r5:30
Oct. 18	Mid-Piedmont Conference Meet @ Northeast Park		w4:45 r5:30
Oct. 29	Regional Championships	TBA	TBA
Nov. 5	State Championships	TBA	TBA

*Denotes Conference Meet

Head Coach: Terri Khan
Mascot: Cougars
Colors: Blue & Gold
Conference: Mid-Piedmont 3A
Athletic Director: Randy Key
Principal: Dr. Brian Toth
School Phone: (336) 381-7747
School Fax (336) 381-7743
e-mail: rkey@randolph.k12.nc.us